

FDx is About

- 1 Administering and supporting programs that enhance individual and community living.
- 2 Assisting parents to educate and raise children with good self esteem and personal initiative by offering effective parenting courses, workshops, lectures, counselling and by operating a resource centre.
- 3 Collaborating with other organizations which have purposes similar in whole or in part to the purposes of the society.
- 4 Receiving, acquiring and holding gifts, donations, legacies and devises.
- 5 Developing, owning, providing and managing affordable housing.

Our VISION

To foster mental, social, physical and financial wellness in the Columbia Valley.

Our MISSION

To foster mental, social, physical and financial wellness in the Columbia Valley by providing social supports, counselling, housing and employment services that empower our community to thrive.

We have a program for you!
Check inside for a full list or go to our website familydynamix.ca

FDx

Family Dynamix Association (FDx) is a registered society with charitable status based in Invermere. We serve the residents of the Upper Columbia Valley: from Spillimacheen in the north, to Canal Flats in the south.

Ambiente
Rome • design • elements

Ambiente located in Invermere is a subsidiary of FDx. The sole purpose of this retail store is to generate funds to enable FDx to increase services as needs arise for families and individuals in the Columbia Valley.

FAMILY DYNAMIX
Resource • Development • Advocacy

Family means different things to different people.

How do you define family?

At Family Dynamix, we offer real support and services to all people in our community - and to every kind of family you can imagine.



1313 7th Ave Invermere BC
phone 250-341-6889
fax 250-341-6886
cvinfo@ekemployment.org

Village Office - Lower level
Canal Flats BC
phone 250-342-5566
fax 250-342-3850
info@familydynamix.ca

The Centre provides access to programs and services which assist women in working towards a life safe from abuse.

Lower Level 926 7th Avenue
Invermere BC
phone 250-341-3963
fax 250-341-3953
wrc@familydynamix.ca

1317 7th Avenue
Invermere BC
phone 250-342-5566
fax 250-342-3850
info@familydynamix.ca

BOARD OF DIRECTORS

Sue-Rose Read • April Williams
Terri Ell Cameron • Paul Denchuk
Daneve McAffar • Bridget Atterbury

Executive Director

Pat Cope

Employment
CENTRE

Canal Flats
CENTRE

Womens
CENTRE

Family
CENTRE

Counselling & Support

Resource Library

Find info on family development, personal growth, parenting, abuse & assault, addictions & personal issues.

Community Counselling Fee for service

Relationship, personal growth, grief, loss, anger management and life transitions.

Family • Couple • Individual Counselling

Marriage counselling, personal growth, anger management, historic abuse issues for men, life transitions, work related concerns, fertility issues. Guardian/parent caring for children under 19 years or children under 19 years qualify for this program.

Parenting

Provides resources, referral and skill development for parents and caregivers to support them in the healthy development of their children.

Early Years Centres

Provides increased access to services for families with children under 6.

Family Support

Provides information, support and referrals to help strengthen the family unit and keep children safe.

Employment Assistance

Provides support to individuals seeking employment & provides assistance to employers wanting to hire employees.

Respite

Respite services can give caregivers temporary relief for a few hours or for a number of days in or out of your home, depending on need.

Seniors

Better at Home

Provides non-medical home based support for seniors such as light housekeeping, yard maintenance, grocery shopping etc.

Active Aging

Supports and builds capacity among vulnerable seniors by increasing physical activity, enabling independence and enhancing social connectedness in their communities.

Violence & Abuse

Women's Information & Safe Homes

Offers safe, temporary accommodation and information for women and their children who are fleeing or are vulnerable to domestic abuse. Call 1-800-200-3003 or 250-341-3963

Children Who Witness Abuse

Provides specialized services to children and youth who have witnessed abuse, threats or violence in their homes.

Women's Outreach

Women who are victims of family violence are provided support services like housing, transportation to appointments and advocacy.

Women's Counselling

For women who have been physically or sexually abused, or who are survivors of childhood abuse.

Victim Assistance

Police based program providing support and information to victims of crime and traumatic events. Call 250-342-3937

Violence is Preventable

Provides an internationally acclaimed, evidence based personal safety and violence prevention program delivered to school aged children and youth.

Sexual Abuse Intervention

Provides specialized services to children and youth who have been sexually abused.

Not sure what you need? Call or email today and we'll help you find the resources you're looking for.
Resource • Development • Advocacy

Food & Housing

Good Food Co-op

Provides quality, fresh, nutritious produce purchased in bulk at a savings to families & individuals wanting to improve their health.

Affordable Rental Housing

Provides affordable rental housing to moderate and low income families and individuals in need.

Transition Housing

Provides housing for women and children fleeing domestic violence and who are at risk of homelessness.

Housing Development

An initiative through collaboration and community consultation to create a development plan to increase affordable housing in the Columbia Valley.

Youth

Youth Outreach

Provides mediation & support to youth 12 to 18 years and their families. Supports youth to make healthy lifestyle choices. Call 250-342-1418

Youth Development

Encourages youth engagement and leadership in their respective community. Call 250-342-1418

Life Skills for Youth with Special Needs

Provides resources and parenting support to parents who have children with special needs. Provides life skills education to youth with special needs.